

Jul/Aug 2024

ESPLANADE LIFESTYLE




ESPLANADE®
BY THE ISLANDS

ESPLANADE Contents



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Esplanade by the Islands

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Colette.McBreen@TeamEsplanade.com

Jennifer Jaehrling
Lifestyle Manager
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MEMBER SERVICE

EsplanadeByTheIslandsLifestyle.com
800-720-0028
Hours: Mon-Fri, 8 a.m. - 6 p.m.

Warranty Department: 855-928-1445
NaplesWarranty@TaylorMorrison.com

SALES GALLERY HOURS

Monday-Tuesday, 10 a.m. - 5 p.m.
Wednesday, 1 - 5 p.m.
Thursday-Saturday, 10 a.m. - 5 p.m.
Sunday, 12 - 5 p.m.

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Letter From the Lifestyle Team

JENNIFER JAEHRLING
YOUR LIFESTYLE MANAGER



Summer is Here!

Summertime in Naples is considered the off-season. The seasonal visitors have gone back to their other place of residence and most tourists stay at bay due to the humidity and high temperatures of Southwest Florida summers. This is the time of year where you can take advantage of all that Naples has to offer.

Our community occupancy scales down tremendously in the off-season, which alters the scheduling of community events due to a downturn in attendance. This time of year is also Hurricane season, which brings daily rain and high temperatures.

All events that are planned are subject to change or possibly cancelled in lieu of attendance or weather. Having said that, your Lifestyle team will still curate multiple gatherings and desirable events to attend during the summer season. Take a look on your Community Website to see what fun and exciting things you have ahead to attend.

Esplanade by the Islands has added a new Shared Library to our community! It is located conveniently at the Bark Park. This shared library allows the exchange of books and pet gifts. Please be mindful of the content and condition of the materials exchanged.

Jennifer

Christina Theosevis & Ashlynn Joseph

YOUR SPA & WELLNESS MANAGER & COMMUNITY ASSOCIATION MANAGER



Christina

Christina Theosevis has over 20 years of experience in the health and wellness field, including luxury lifestyle health club and spa operations. She has also worked in the fitness industry for years as a certified personal trainer and fitness instructor. Before joining the Esplanade team, Christina was the Spa and Wellness Manager at the Naples Bay Resort, as well as Wellness Manager with NCH Healthcare System in Naples. She possesses a host of skills including staff training and development, programming, and operational and fiscal excellence. Christina is looking forward to meeting all the Members and serving the Esplanade community.

Ashlynn Joseph brings a wealth of experience, excitement and expertise to her role as the new Community Association Manager for Esplanade by the Islands. In her most recent role, she oversaw the management of a 406 home, luxury master planned community and assisted in the transition from developer to HOA. With a multi-faceted background in property management for 10 years and a passion for delivering exceptional customer service, Ashlynn is dedicated to fostering a vibrant and cohesive resort community environment.



Ashlynn

When she's not immersed in her work, Ashlynn enjoys spending quality time with her husband Jamie and their family in Naples, as well as visiting loved ones in Ohio where they are originally from. As a devoted dog mom to Rolex, she also cherishes moments spent in nature, practicing meditation, and indulging in yoga to maintain balance and mindfulness in her life. Enthused to collaborate with the incredible Members and the team of Esplanade by the Islands, Ashlynn is committed to leveraging her leadership skills, strategic problem-solving abilities, and genuine passion to enhance the Members experience and uphold the Esplanade esteemed reputation.

Who's Visiting Your Garden?

Take the National Wildlife Federation's *Who's Visiting Your Garden* quiz to learn examples of what your yard could attract. By planting native and providing wildlife with food, water, cover, and places to raise young, a garden of any size can become a wildlife haven. Many of the gardening strategies outlined in this quiz can help you attract a variety of wildlife. Pick plants and features for your dream garden and we'll tell you which wildlife will come to visit! Scan the QR code or visit blog.nwf.org/2024/05/quiz-whos-visiting-your-garden. Photo by John Hobbs.





ESPLANADE.

BOOTS & BBQ



THURSDAY, JULY 4

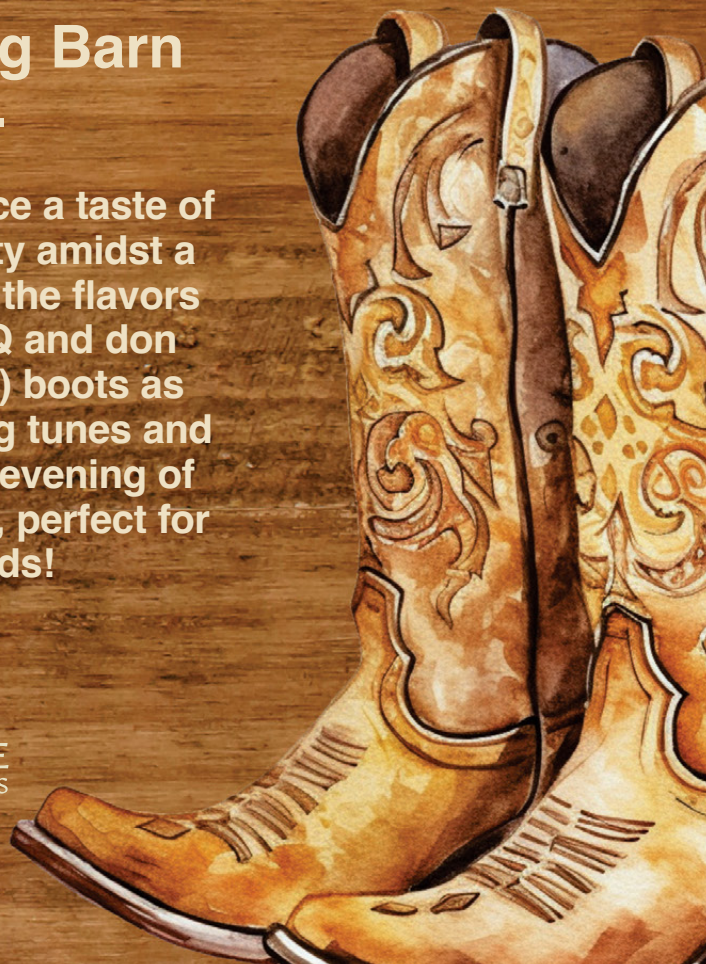
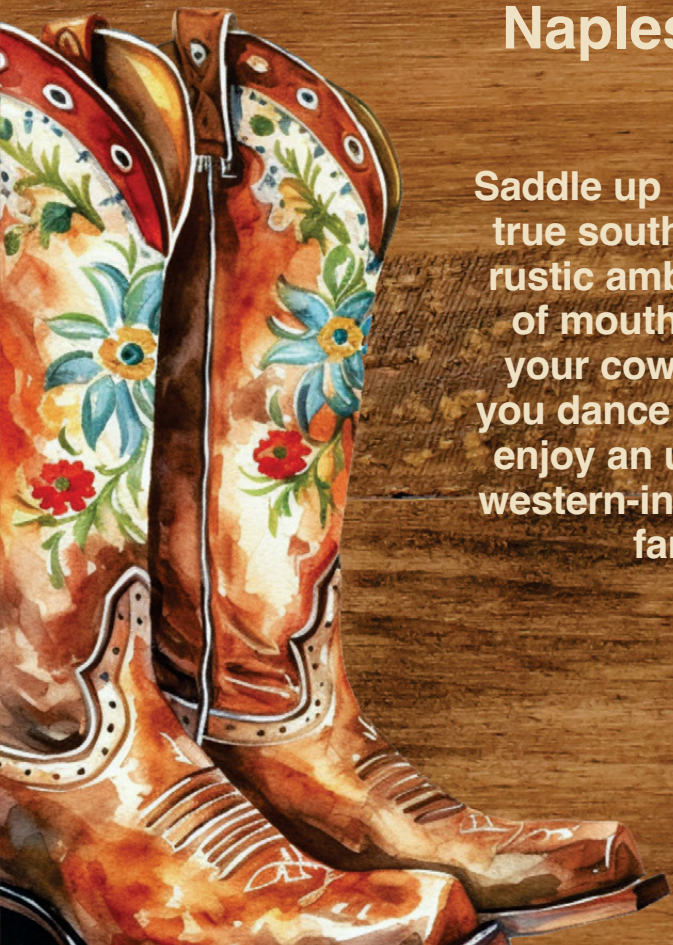
Naples Wedding Barn
1 - 4 p.m.

Saddle up and experience a taste of true southern hospitality amidst a rustic ambiance! Enjoy the flavors of mouthwatering BBQ and don your cowboy (and girl!) boots as you dance to toe-tapping tunes and enjoy an unforgettable evening of western-inspired charm, perfect for family and friends!

CURATED BY



ESPLANADE
RESORT EXPERIENCES



Furry Friends

Meet Teddy & Tanner

LOVED BY MARY LYNN WHEATON
& PETER FRENCH

Teddy and Tanner, the “boys,” are long-haired miniature dachshunds who are brothers and have been together since birth. This article was initially meant to simply introduce them to the neighborhood; however, it has also turned into a warning about cane (or bufo) toads. I want to share what happened to us in early May as a lesson for us all and a plea to be prepared in case of emergency to know where to seek care for your pets in southeast Naples.

Our fun-loving, barky (protective) boys are “Curious Georges” and will stick their noses anywhere that might yield a critter to chase. Although we ALWAYS have them on leashes, Teddy managed to have contact with a cane toad when we took him out for the last time prior to going to bed.

Symptoms were immediate and severe, including foaming at the mouth, seizures, loss of bodily functions, pain, and howling. It was so very painful to witness his suffering. After washing his mouth out as much as possible, we hopped in the car and headed to the closest emergency hospital. We should have already had an address saved, but didn’t. We ended up in Urgent Care on Vanderbilt Beach Road over 30 minutes away!

They treated Teddy, who was near death’s door. They stabilized him, but closed at 11 p.m. so we had to transfer him to the Emergency Pet Hospital of Collier County on Dudley Drive, off Pine Ridge. He survived the night but still needed treatment throughout the next day at our regular vet where he spent the day recuperating.

Please understand that immediate treatment is needed if your pet comes into contact with a cane toad, as pets can die within 15 minutes of exposure. There is no antidote, only treatment of the



symptoms, including rinsing the toxin from their mouths, IV saline to dilute the toxin, Valium for the seizures, oxygen, and prayers! A vet is essential! We were very lucky to have been able to save him, but it was touch and go. Please plan what to do for emergency care and know where to go. I certainly think that we need closer emergency veterinary care here in southeast Collier County.

Our boys are “back in action” again with daily walks, swimming in our pool, frolicking together and providing us with lots of love. My Teddy’s nickname is “MP” for Michael Phelps, as he is such a great swimmer. MP now stands for “Miracle Puppy” as he truly fought to survive this horrible exposure. Heed Jennifer’s warnings in our monthly e-newsletter about cane toads and report sightings to her so that our monthly eradication with Ray the Trapper can assist in the control of these horrible pests.

HAVE A FURRY FAMILY MEMBER THAT YOU WANT TO FEATURE?

Contact your Lifestyle Manager, Jennifer Jaehrling at Jennifer.Jaehrling@TeamEsplanade.com, to be featured in the next edition of the Lifestyle Magazine. Answer the below questions about your furry, feathery, or scaly friend and share a couple pictures.

Don’t have a furry family of your own, but know a community Member who does? Nominate them to be the next Featured Furry Friend. Contact the Member to suggest the feature or your Lifestyle Manager to nominate anonymously.





Exclusive Concierge Offerings

Part of the Esplanade Lifestyle is rolling out the red carpet and giving our Members VIP access to exclusive offers and services! We are excited to continue to build and foster these relationships with local organizations and businesses to offer special rates for our community. If you know of a business or organization that would like to partner with Esplanade, please contact your Lifestyle Manager.

Check out more details at esplanadebytheislandslifestyle.com/concierge.

FITNESS

ISLAND PILATES STUDIOS

1 Week Free Group Classes
Rose Urness
239-877-5536
islandpilatesstudio.com

GOLF

THE TROON CARD

Members receive 25% off standard Troon Card prices - golfers experience the World of Troon at the best rates.
troon.com/product/troon-card-esplanade

DRY CLEANING

PRISTINE FINE DRY CLEANING

10% Off Dry Cleaning,
Tailoring & Alterations
Scott Boyd
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bestdrycleaningnaples.com

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PRO-TECH NAPLES

15% Off All Services
Scott Corey
239-227-1363
protechnaples.com

WATER ACTIVITIES

PURE FLORIDA

20% Off All Services (excluding private charters). Use code Esplanade
239-263-4949
purefl.com

PET SERVICES

ENDLESS PAWSIBILITIES

10% Off All Grooming Services
Megan London: 866-363-7297
endlesspawsibilities.net

FURRY LAND MOBILE GROOMING

10% Off First Grooming
239-744-2177
furryland.us

FOOD

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Deliver quality foods to the home.
Bob & Jay: 781-985-9859
betterthanabistro.com

FRESH CATCH FISH COMPANY

The freshest, most carefully sourced seafood you'll find in SW Florida.
833-559-7676
freshcatchfishco.com

TRULLI PASTA

Artisan pastas and chef-prepared sauces crafted with the freshest ingredients delivered to your door!
Barbara: 917-684-4920
trullipasta.com

TRANSPORTATION

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10% Off All Services
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classicluxurytransportation.com

NAPLES TRANSPORTATION

10% Off All Services
Sherrilyn Alden: 239-260-3272
naples-transportation.com

HOME SERVICES

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Thomas Sumann: 239-380-4540
accuratehomewatch.com

MODERN CASA HOME WATCH

10% Off Visits for 1 Year
Scott Grandusky: 239-312-3178
moderncasahw.com

PETER ANTANELIS DESIGNS

15% off Interior Design Services
973-713-3367
peter@pad-interiors.com

ZINGA'S

BLINDS | SHUTTERS | SHADES 20% off plus free in-home consultation (\$2,500 min. purchase).
844-494-6427 | zingashome.com

SMOKY STONE OUTDOOR KITCHENS AND APPLIANCES

Complimentary Gozney Rocbox Pizza Oven with the purchase of a custom outdoor kitchen.
George Smith: 239-778-0072
info@smokystone.com

PHOTOGRAPHY

KATHLEEN D PHOTOGRAPHY

10% Off All Services
Kathleen Bleau
kathleendphotography@gmail.com
facebook.com/Kathleen-D-Photography

MOVIE TICKETS

PARAGON PAVILION

\$7.50 per ticket
Contact Your Lifestyle Manager
paragontheaters.com

Recent Events

Sports Courts Ribbon Cutting CEREMONY

On Friday, April 12, 250 excited Members were officially welcomed to the Tennis and Pickleball courts with a joyous ribbon cutting ceremony and champagne toast! Special thank you to Jennifer, Lifestyle Manager, for creating an energetic atmosphere, allowing Members to indulge in delicious refreshments, participate in raffles (for the opportunity to win one of three amazing sports courts baskets, themed to tennis, bocce, and pickleball, of course!), and delight in a morning of open play, accompanied by lively entertainment from DJ Randy. The official ribbon was cut by cherished Members, Linda and Risto Pafias, who have been Members since 2022, are actively involved in events and widely respected within the community.

Crystal Steere, National Manager Spa, Wellness & Sports Courts extended her gratitude towards the entire team at Esplanade By The Islands for their invaluable support in planning and executing the event, infusing it with their expertise and creativity. Members also had the pleasure of meeting Christina, the new Spa & Wellness Manager, who will lead all spa, wellness, and fitness programming at the community as well as support the sports courts programming as the community grows. It was a fantastic way to inaugurate the courts and unite everyone in celebration and we thank everyone who came out to share in the joy!

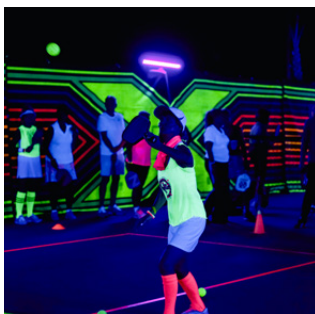


Naples Princess DINNER CRUISE

On Sunday, April 14, Members sailed Naples Bay and dined in style on the Naples Princess Boat.



Let's Glow Pickleball Social



Members gathered at Esplanade By The Islands on Friday, April 19 for an unforgettable night at their first Glow in the Dark Pickleball Social, Let's Glow! Curated by Esplanade Resort Experiences with the incredible support of the local team at Esplanade By The Islands, the courts were transformed into a vibrant arena as players wore their neon best for spirited matches. The atmosphere was electric with lively tunes, while the glow bar offered light bites and beverages.

The event surpassed all expectations for players, spectators and staff. The neon lights and upbeat music immersed everyone, setting the tone for an unforgettable experience.

Members were encouraged to bring their A-game, showcasing their best pickleball skills, and engaging in friendly competition under the stars.

Attendees enjoyed engaging in lively games like cornhole, adding a competitive edge to the atmosphere and the presence of glow-in-the-dark stilt walkers added an extra touch of excitement to the event.

Crystal Steere, National Manager Spa, Wellness & Sports Courts extended her gratitude to Lifestyle Manager, Jennifer, and the entire Esplanade By The Islands team for their exceptional leadership and support in orchestrating the event's success. The event brought the community together for an evening filled with victories, camaraderie, and friendly competition.

Thank you to the Members for your enthusiasm, active participation, support and engagement. Esplanade By The Islands looks forward to hosting more events that continue to foster a strong sense of community for our Members!

One of our excursions that took place this quarter was with Naples Princess Cruises. Members sailed into the sunset while dining on exquisite cuisine and enjoying the ambiance of the Bay!



Upcoming Events

All activities/events subject to change. For details and to register, visit esplanadebytheislandslifestyle.com/events.

BOOTS & BBQ SIGNATURE EVENT

Thursday, July 4 | 1 - 4 p.m.

Naples Wedding Barn | \$65 Adults, \$35 Children

Join your neighbors for a spectacular fourth of July celebration. The barn venue sets the tone for the western attire. Smoky Stone and Jimmy P's will be catering the event along with an open bar and signature drink. Dancing to your favorite songs, experiencing a petting farm, taking a ride on the mechanical bull, and interactive games will keep your boots scooting along. Transportation will be available. Family and friends are welcome!

SHOT-CUTERIE WIND DOWN WEDNESDAY

Wednesday, July 31 | 6 - 8 p.m.

Sales Gallery

Y'all, this is where it's at! Get your fancy on at the next event and put together a "shot-cuterie" board to share with all of your friends! A winner will be chosen by their peers

CRAFTING EXPO

Saturday, August 3 | 9 - 11 a.m.

Satellite Pool

Join your neighbors in a crafting extravaganza. Showcase your crafting abilities while displaying your most prized creation. The event will also include some skills teaching segments.



EVERGLADES DAY SAFARI

Saturday, August 10 | 7:30 a.m. - 5 p.m.

Everglades

The Day Safari offers an in-depth, naturalist-guided day trip into the majestic Everglades! This event includes an airboat ride, nature walk, mangrove wilderness boat ride and a delicious lunch! Visit the Lifestyle website calendar to book your excursion!

Monthly Member Meetings



NEIGHBORHOOD NEWS

Tuesdays, July 2 & August 6

9 - 10 a.m. | Sales Gallery

Join your HOA management team for the most current updates about the common areas and your community.



COFFEE & CONVERSATION

Tuesdays, July 2 & August 6

9 - 10 a.m. | Sales Gallery

Join us for some coffee and conversation, as we discuss the latest and greatest Lifestyle news in a relaxed and social atmosphere.



ESPLANADE 101

Tuesdays, July 16 & August 20

9 - 10 a.m. | Sales Gallery

Join us for new homeowner orientation with the Lifestyle Manager and CAM as we introduce you to everything Esplanade.

Interest Groups & Social Clubs

Doing more of what makes us happy is called the key to life by many. Share your passion and take the first step by creating a club or group today!

M Meet fellow Members with similar interests by creating or joining an Interest Group or Club! Any Member wishing to develop one should contact your Lifestyle Manager to receive information and an application. The Lifestyle Manager will then help to facilitate promotion of activities developed by the Members. Depending on the group size and activity, the Sales Gallery may be a suitable space for your gatherings.

Current Groups & Clubs

FISHING CLUB

Wednesday, July 3
Naples Fishing Boat

Every month there will be a new fishing excursion for club Members. Please reach out to David Amadori for more information at davidamadori@aol.com. To reserve your spot for the July excursion, visit the Lifestyle website calendar for details.



KAYAKING CLUB

Wednesday, July 17 | 9:30 - 11:30 a.m.
Isles of Capri Paddlecraft Park

Our Kayaking Club will be exploring new locations monthly. David Amadori will be the direct contact for coordinating amongst Club Members. Please reach out to him at davidamadori@aol.com for more details.

Fitness Classes



AQUA FIT

Mondays & Wednesdays | 10:30 - 11:30 a.m.
Satellite Cabana Pool

This is a low impact high intensity water aerobics class where no swimming skills are needed. This class is designed to improve flexibility, range of motion, strength, muscle tone and cardiovascular endurance while using the resistance of the water to cushion the feet, knees and back. The exercises are performed in chest deep water using a pool noodle and a set of hand buoys. Registration minimum of 7 participants.

YOGA

Tuesday, July 9 & Thursday, August 1 | 6 - 7 p.m.
Sales Gallery Lanai

Yoga is an excellent form of holistic fitness aligning both the mind and body. In addition to learning and practicing poses to improve flexibility, mobility, and balance while building strength. Yoga also focuses on intentional breathing, mirror meditation, drawing the focus to the breath and clearing the mind of thoughts. All levels are welcome. Yoga will be held once a month on select days in the evening. This class is currently complimentary to closed Members until our Resort Amenity Center opens. Please bring your own personal yoga mat.

ZUMBA

Wednesdays & Fridays | 8 - 9 a.m.
Sales Gallery Lanai

A perfect combination of fun and fitness. This dynamic and exciting class keeps you moving with a variety of energetic music and Zumba-style dance for a total body workout. These classes will be held every Friday, complimentary to closed Members until our Resort Amenity Center is open.

Feel Well Events

With wellness activities throughout the month, new programs and offerings were presented to our Members in May, including our first Pilates class, bicycle excursion, stability and mobility class, and a relaxing complementary chair massage session. Check out the upcoming Feel Well events taking place this summer!

INSPIRED PLAY – RED, WHITE, AND BLUE CARDIO TENNIS EVENT

Thursday, July 18 | 6 - 8 p.m.

Sports Court

In celebration of the new Tennis Courts, Members of all skill levels have an opportunity to get a fun but intensive workout with instructional assistance from local community PTR Tennis Pros. This is a 90-minute session that includes foot-work placement and high-intensity tennis drills followed by exhibition play with local tennis pros. If you want to run, sweat, and have fun on the tennis court while listening to the created POP Hits of the decade, this clinic is for you!

The goal is to get you stronger and fitter so you can get more enjoyment from your tennis game. This class allows players to improve their doubles knowledge and cardio on the courts! All players should wear their best red, white, and blue attire. This will be a combined Lifestyle and Wellness Patriotic Event. Music, food and drinks will be provided. Show off your tennis skills for a fun, interactive gathering.



HOW TO SAFEGUARD YOUR SLEEP HYGIENE: LIVING WELLNESS & LEARNING WORKSHOP

Tuesday, August 13 | 9 - 10 a.m.

Sales Gallery

A lack of sleep can create a negative domino effect on your body, which is why it is considered a pillar of health and well-being. Join Integrative Nutrition Health Coach, Deborah C. Leible, to discuss the common self-sabotaging habits that may disrupt restorative sleep and what you can do about them. Empower yourself with actionable tools to regain a solid night's sleep and increase your health, well-being, and energy naturally.

ONSPOT MOBILE DERMATOLOGY CLINIC

Monday, July 1 | 7:30 a.m. - 3:30 p.m.

Sports Courts

The world's first mobile dermatology clinic will be visiting BTI. OnSpot Dermatology is a full-service dermatology practice that makes it convenient to get the dermatology care you need by coming directly to YOU! Whether you need a skin exam, skin tag removal, treatment of eczema, or Botox and filler, On Spot mobile clinic provides expert care and treatment in a clean, safe, and comfortable environment offering a complete range of general, cosmetic, and surgical dermatology procedures. OnSpot accepts most major insurances (excluding Florida Blue) and Medicare. Self-pay is \$150. To schedule an appointment, visit onspotdermatology.com/esplanadebytheislands or call 941-444-0011. Walk-In appointments are welcome and based on availability. For more information, contact Christina Theosevis, Spa & Wellness Manager, at Christina.Theosevis@TeamEsplanade.com. Minimum of 20 registrants required for event.

Around Town

DRONES IN PARADISE

Saturday, July 6 | 6 - 11 p.m.

Paradise Coast Sports Complex

paradisecoast.com

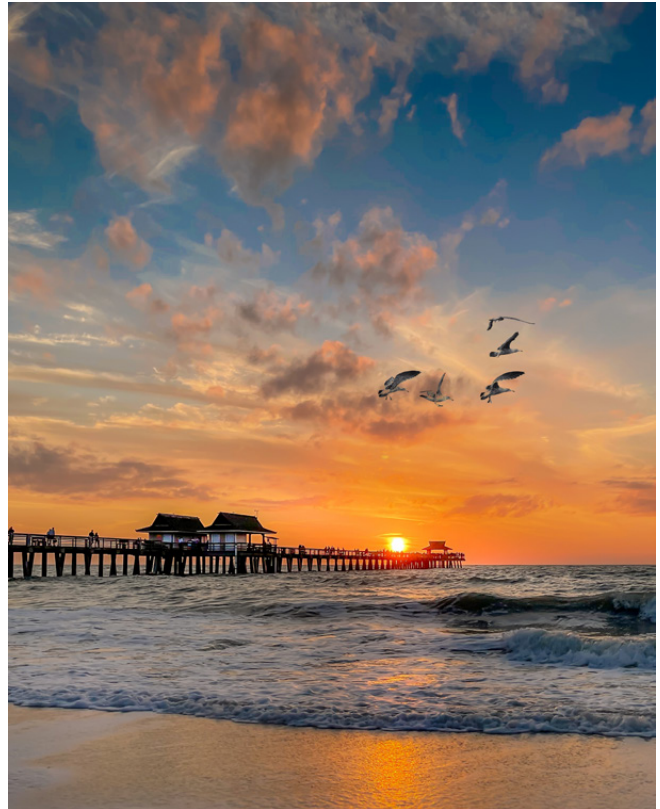
An exciting drone show set to a patriotic music theme and the Stars & Stripes After Party with live music on the Great Lawn. The event includes family fun with bounce houses, remote control cars, laser tag, face painting, live artist, DJ and more! Restrictions: No outside food and beverage can be brought into the complex. There will be numerous food trucks and drink stations on site. The Drone Show will begin around 9 p.m.

NAPLES SCAVENGER HUNT: BEYOND NAPLES BEACH

Let's Roam App Guided Walking Tour

letsroam.com

Fashion and fishing define one of Florida's most iconic cities. On this fun-filled Naples walking tour scavenger hunt, explore the beaches and rivers, the hip European-inspired streets and the good ol' fishing villages. What was once a popular attraction on Naples Pier? What is Tin City truly made of? Find out on this scavenger hunt of Naples! Some of what you'll see: Palm Cottage, Crayton Cove, and Naples Art Institute. Duration: 1.5 hours. Length: 1.89 miles.



Member Spotlight

THE *Members* OF OUR *Community*
ARE TRULY WHAT MAKE THIS A
WONDERFUL PLACE TO LIVE.

In each Lifestyle Magazine issue, we will spotlight a Member, couple or family to showcase the amazing Members we have living in Esplanade by the Islands. If you would like to be featured or want to nominate another Member, please contact your Lifestyle Manager, Jennifer Jaehrling at Jennifer.Jaehrling@TeamEsplanade.com.

How to Clean Wine Glasses Properly

FEATURED IN HOMES AND GARDENS!

National Manager of Food, Beverage & Culinary Experience, Patrick Scully, was recently featured in *Homes and Gardens*, where he shared tips and best practices for keeping your wine glasses in pristine condition!

TIP! – Use a coffee filter to polish your glasses! – Patrick shares, “This is a hack we use in restaurants and hotels because coffee filters won’t leave any lint and absorb any leftover water. Even lint-free microfiber rags can leave fabric particles.”

Top Tips for Hand Drying Wine Glasses:

- » Hold the glass by the stem versus the bowl so you don’t smudge the glass when wiping the exterior.
- » If there is no stem – or it’s time to dry the inside – have a microfiber towel in the hand that is holding the bowl/glass if it’s not large enough to cover your hand.
- » After drying, ensure there’s no residue by holding the glasses up to a light.
- » After your glasses are dry, place them over a bowl of hot water and allow the steam to enter the glass and kiss the outside. Just be careful not to burn yourself. Then, give them a quick polish.

Ultimately, properly cleaning wine glasses is about more than just hygiene and aesthetics, it’s essential to preserve the flavor of each wine. “You need to clean your wine glasses after each use, especially when switching between different wines. This gets rid of any lingering residue that can change the flavor,” explains Patrick. “Different shapes, sizes, or materials can enhance or diminish the subtle flavors and aromas. Like how to store wine in your kitchen, quality glasses deserve quality care so true lovers of wine can fully savor each varietal.”



To read the full article by author Lola Houlton, visit [homesandgardens.com/solved/how-to-clean-wine-glasses-properly](https://www.homesandgardens.com/solved/how-to-clean-wine-glasses-properly).

Red, White & Blue Cocktails



Enjoy the sensation of fireworks in your mouth with patriotic beverages that feature Pop Rocks-coated rims! Turn summer drinks into firecrackers by coating the glass rim with Pop Rocks. Simply dampen the rim with lemon juice and dip the rims into a plate of the candies. For the red, white, and blue effect, use Tropical Punch (blue) Pop Rocks and fill the glasses with a red drink or cocktail. Mix pomegranate and cranberry juice with seltzer water or hard seltzer. Another cocktail idea is to fill the Pop Rocks rimmed glass with ice and add 1 oz grenadine. Next, slowly pour in 4 oz of lemonade and 1.5 oz of vodka. Hold a large spoon upside down over the glass and slowly pour blue curacao for the final layer!



SHOT-CUTERIE

Wind Down Wednesday

WEDNESDAY, JULY 31
6 - 8 P.M. AT THE SALES GALLERY

Y'all, this is where it's at! Get your fancy on at this event and put together a shot-cuterie board to share with all of your friends!



EsplanadeByTheIslandsLifestyle.com