

Sep/Oct 2024

ESPLANADE LIFESTYLE

Pickled Pink
Pickleball Tournament




ESPLANADE®
BY THE ISLANDS

ESPLANADE Contents



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Esplanade by the Islands

PROPERTY MANAGEMENT

Colette McBreen, LCAM, CFCAM
Resort Manager
Colette.McBreen@TeamEsplanade.com

Ashlynn Joseph
Community Association Manager
Ashlynn.Joseph@TeamEsplanade.com

MEMBER SERVICE

EsplanadeByTheIslandsLifestyle.com
800-720-0028
Hours: Mon-Fri, 8 a.m. - 6 p.m.

Warranty Department: 855-928-1445
NaplesWarranty@TaylorMorrison.com

SALES GALLERY HOURS

Monday-Tuesday, 10 a.m. - 6 p.m.
Wednesday, 1 - 6 p.m.
Thursday-Saturday, 10 a.m. - 6 p.m.
Sunday, 12 - 5 p.m.

TAYLOR MORRISON SALES MANAGERS

Beth Abraham
BAbraham@TaylorMorrison.com
239-206-6006

Lisa Gaffney
LGaffney@TaylorMorrison.com
239-272-5973

Doug Marcinski
DMarcinski@TaylorMorrison.com
239-207-2255

Patrick Ruff
PRuff@TaylorMorrison.com
239-633-6527

David Sanvidge
DSanvidge@TaylorMorrison.com
239-848-6200

Ysabel Tejeda
YTejeda@TaylorMorrison.com
239-285-1023

Ford Smith
FoSmith@TaylorMorrison.com
239.331.6399

Letter From the Lifestyle Team

COLETTE MCBREEN, CHRISTINA THEOSEVIS & ASHLYNN JOSEPH
YOUR MANAGEMENT TEAM



Welcome to Fall!

As we enter the fall season, we are excited to share some new updates and activities with our Esplanade by the Islands Members, even if the weather remains wonderfully consistent. This time of year brings a sense of renewal and reflection, and we are thrilled to present an array of exciting fun-filled events for our Members of all ages.

We are thrilled to announce the upcoming Grand Opening of the new Resort Amenity Campus! This state-of-the-art Spa/Wellness facility, Bahama Bar and Resort Pool are designed to provide an unparalleled experience for our Members, offering a wide array of luxurious amenities and services to make you feel as though you are on vacation every day!

The New Resort Amenity Campus features:

- » Luxurious Spa Services: Indulge in a variety of treatments designed to rejuvenate your body and mind.
- » Gourmet Dining Poolside: Savor exquisite cuisine.
- » Fitness Center: Stay active with our top-of-the line equipment and fitness classes.
- » Outdoor Pool and Spa: Relax and unwind in a serene oasis designed to offer relaxation and enjoyment under the open sky.

The community website provides a comprehensive calendar with detailed information on upcoming events. Peruse the calendar to see what exciting events are planned that you may enjoy and want to attend.

Mark Minor

YOUR FOOD & BEVERAGE MANAGER

Mark Minor joins Esplanade by the Islands as the Food and Beverage Manager bringing over 20 years of experience in providing “excellence in service to the Members.” Mark considers himself extremely fortunate to have had the opportunity to be associated with several very prestigious clubs here in Naples. Mark spent ten (10) years at The Bay Colony Beach Club, five (5) years at Kensington Country Club, and most recently served at The Naples National Golf Club.

Mark’s main objective is to lead his team in providing excellence in customer service. He is dedicated to empowering his team members to focus on team development, and communications for providing exceptional customer service for the Esplanade Members.

Wine being one of Mark’s passions, he earned the distinction of a level 1 Sommelier. He assures the Members of Esplanade by the Islands, they can look forward to some exceptional wine events such as, wine dinners and his personal favorite, wine socials. When not focused on quality production and scheduling, Mark enjoys spending quality time with his wife who also serves in the hospitality industry and his daughter who is currently a student at University of South Florida. She is studying Psychology and Early Childhood Development.



Mark looks forward to meeting the Members of Esplanade by the Islands focusing on leading our Food and Beverage Team to a very successful future. When your whole team is empowered, individuals can shine in their roles and contribute their expertise to shared success which allows for an overall vibrant resort community environment.

Inspired Travel

As an inspired offering through Esplanade Resort Experiences, Members are invited to spark their sense of adventure and immerse themselves in the wonders across the globe. This luxury travel program offers travel-related concierge services, benefits, outings and inspired itineraries that are uniquely curated around the Esplanade lifestyle, with themes of wellness, culinary, adventure, and culture. Whether you’re thrill seeking with zip lining through the Costa Rican jungle, embarking on an expedition inside the ice castles of Antarctica or staying close to home and experiencing a local excursion planned by your lifestyle team, Destinations by Esplanade promises to awaken the explorer in everyone! Get inspired by a story from two of our Members, Linda and Dennis Ferry, who had the opportunity to enjoy an unforgettable experience with Destinations by Esplanade: Charismatic Mediterranean Cruise.

“This was our first cruise and it was absolutely wonderful - the trip of a lifetime. We toured Barcelona, Spain (Sagrada La Familia), Palamos, Spain, Rome, Italy (the Vatican), Amalfi Coast and Positano, Igoumenitsa, Greece (The Meteora Monasteries), Argostoli Cephalonia, Greece, Taormina, Sicily (loved it here), Kotor,

Montenegro on the Dalmatian Coast, Split Croatia, and Venice on our own (one of our favorites)! Our experience with Destinations was delightful. Everything went smoothly and they thought of everything, all we had to do was be present. Also, because we booked as a part of Destinations by Esplanade, Oceania knew that I had just retired. We were at dinner in the French Restaurant with another couple and out comes a cake. When we returned to our room it was all decked out with balloons and banners and champagne ready! It was such a nice surprise! We highly recommend Destinations by Esplanade and will certainly use them again for future travels.”





GRAND OPENING &
MARDI GRAS
Soirée

Saturday, October 5
Resort Amenity Campus

Experience an electrifying celebration filled with vibrant colors as we introduce these fantastic new amenities, with lively music and the infectious spirit of Mardi Gras!



Monsters & Margaritas

HALLOWEEN PARTY



Thursday, October 31
6 - 9 p.m.

Get ready for a spooktacular evening of frightful fun, delicious margaritas, and festive activities with music by DJ Gil Blake. Costumes are encouraged, so come dressed to impress!



THE ESPLANADE ANNUAL

PICKLED PINK

PICKLEBALL TOURNAMENT

Saturday, October 19

8 a.m. - 12 p.m. | Pickleball Courts

100% of the tournament fee collected per Member will benefit an organization supporting breast cancer awareness efforts. In honor of breast cancer awareness month, register with your doubles partner and take part in competitive play on the courts with Members of Esplanade, as you enjoy live entertainment by our DJ, and light refreshments!

This tournament will consist of a 1-hour, timed round-robin event for men's and women's doubles, and mixed doubles play. After the tournament, the top 3 doubles teams from each event as well as the overall high-scoring Member will be recognized at a special awards ceremony. Both men and women are encouraged to come dressed in their best pink pickleball attire as we participate in a shared effort to raise money and end breast cancer. Spectators are also encouraged to wear pink and cheer on their neighbors!



Cane Toad Emergency Kit

In Southwest Florida, invasive cane toads are becoming much more prevalent across Collier County, especially in the evenings due to high humidity and rainfall during the wet season. Experts from the Florida Fish and Wildlife Commission (FWC) estimate the number of cane toads to be in the hundreds of thousands in communities throughout Southwest Florida. Ray the Trapper provides monthly collection services for Esplanade by the Islands and this month has collected 135 cane toads and polliwogs from established neighborhoods.

Cane toads are extremely poisonous, excreting a milky-white toxin from their shoulders called bufotoxin, which is released from fatty portions of the toads' shoulders when the animal is squeezed or bit. Dogs are particularly vulnerable since the toads are slow moving and often dogs are curious and mistake them for a toy. Should your

beloved dog pick up or bite a cane toad, you have minutes, to get your dog to a veterinarian or emergency pet hospital.

Toad Busters, a local company based in West Palm Beach is now selling a kit to help protect your beloved pets in the event of an emergency. Toad Busters created a kit that provides the equipment and instructions on removing as much of the toxins as possible allowing more time to get to the vet. Dubbed the "Cane Toad Poisoning Emergency Response Kit," the red medical kit contains the following items, which could elongate the time your dog needs before receiving medical care:

- » Instructional booklet
- » Water bottle with a fine nozzle to help move toxins from the gum line
- » Three (3) rags to wipe the dog's mouth
- » Activated charcoal to help prevent the absorption of toxins from the stomach and intestine
- » Syringe to administer charcoal
- » Flashlight
- » Gloves
- » Goggles

Visit the website, www.toadbusters.com, for additional information.

HAVE A FURRY FAMILY MEMBER THAT YOU WANT TO FEATURE?

Contact your Lifestyle team to be featured in the next edition of the Lifestyle Magazine. Answer the below questions about your furry, feathery, or scaly friend and share a couple pictures. Don't have a furry family of your own, but know a community Member who does? Nominate them to be the next Featured Furry Friend. Contact the Member to suggest the feature or your Lifestyle team to nominate anonymously.



It's Leave the Leaves Month!

You might think that gardening for wildlife is only something you do during spring and summer, but there are things you can do to attract and support beautiful butterflies, bees and birds year-round. Fall is a terrific time to keep active in your garden! Make it even better for the multitude of wildlife species that need fallen leaves as a habitat to provide cover to survive the coming colder months. Learn more and educate others on wildlife-friendly and neighbor-friendly landscaping practices all year long with National Wildlife Federation at nwf.org/LeavetheLeaves.





Exclusive Concierge Offerings

Part of the Esplanade Lifestyle is rolling out the red carpet and giving our Members VIP access to exclusive offers and services! We are excited to continue to build and foster these relationships with local organizations and businesses to offer special rates for our community. If you know of a business or organization that would like to partner with Esplanade, please contact your Lifestyle Manager.

Check out more details at esplanadebytheislandslifestyle.com/concierge.

FITNESS

ISLAND PILATES STUDIOS

1 Week Free Group Classes
Rose Urness
239-877-5536
islandpilatesstudio.com

GOLF

THE TROON CARD

Members receive 25% off standard Troon Card prices - golfers experience the World of Troon at the best rates.
troon.com/product/troon-card-esplanade

DRY CLEANING

PRISTINE FINE DRY CLEANING

10% Off Dry Cleaning,
Tailoring & Alterations
Scott Boyd
239-263-3600
bestdrycleaningnaples.com

MOBILE DETAILING

PRO-TECH NAPLES

15% Off All Services
Scott Corey
239-227-1363
protechnaples.com

WATER ACTIVITIES

PURE FLORIDA

20% Off All Services (excluding private charters). Use code Esplanade
239-263-4949
purefl.com

PET SERVICES

ENDLESS PAWSIBILITIES

10% Off All Grooming Services
Megan London: 866-363-7297
endlesspawsibilities.net

FURRY LAND MOBILE GROOMING

10% Off First Grooming
239-744-2177
furryland.us

FOOD

BETTER THAN A BISTRO

Deliver quality foods to the home.
Bob & Jay: 781-985-9859
betterthanabistro.com

FRESH CATCH FISH COMPANY

The freshest, most carefully sourced seafood you'll find in SW Florida.
833-559-7676
freshcatchfishco.com

TRULLI PASTA

Artisan pastas and chef-prepared sauces crafted with the freshest ingredients delivered to your door!
Barbara: 917-684-4920
trullipasta.com

TRANSPORTATION

CLASSIC LUXURY TRANSPORTATION

10% Off All Services
Jennifer Doino: 239-394-1888
classicluxurytransportation.com

NAPLES TRANSPORTATION

10% Off All Services
Sherrilyn Alden: 239-260-3272
naples-transportation.com

HOME SERVICES

ACCURATE HOMEWATCH SERVICES

10% off 1st year & first 2 visits free.
Thomas Sumann: 239-380-4540
accuratehomewatch.com

MODERN CASA HOME WATCH

10% Off Visits for 1 Year
Scott Grandusky: 239-312-3178
moderncasahw.com

PETER ANTANELIS DESIGNS

15% off Interior Design Services
973-713-3367
peter@pad-interiors.com

ZINGA'S

BLINDS | SHUTTERS | SHADES 20% off plus free in-home consultation (\$2,500 min. purchase).
844-494-6427 | zingashome.com

SMOKY STONE OUTDOOR KITCHENS AND APPLIANCES

Complimentary Gozney Rocbox Pizza Oven with the purchase of a custom outdoor kitchen.
George Smith: 239-778-0072
info@smokystone.com

PHOTOGRAPHY

KATHLEEN D PHOTOGRAPHY

10% Off All Services
Kathleen Bleau
kathleendphotography@gmail.com
facebook.com/Kathleen-D-Photography

MOVIE TICKETS

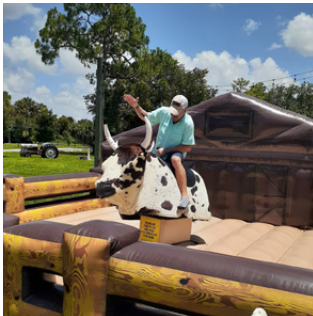
PARAGON PAVILION

\$7.50 per ticket
Contact Your Lifestyle Manager
paragontheaters.com

Recent Events

Boots & BBQ SIGNATURE EVENT

Neighbors gathered for a spectacular fourth of July celebration. The barn venue set the tone for the western attire. Smoky Stone and Jimmy P's catered the event while all enjoyed an open bar and signature drinks. Members danced to our favorite songs, experienced a petting farm, took rides on the mechanical bull, and played interactive games!



Star Spangled BICYCLE RIDE

Members enjoyed a fun and casual bike ride through the community, connecting with nature while listening to birdsongs, observing burrowing owls, and basking in the peaceful morning serenity.



Fishing EXCURSION

We brought the first-ever private fishing excursion for the BTI Members! The small group got together for a day of fishing and was quite the success! More trips will be scheduled for the future so that the high demand event can be enjoyed by more!



Around Town

14TH ANNUAL STONE CRAB FESTIVAL

Friday, October 25 - Sunday, October 27

Tin City, Naples | stonecrabfestival.com

Join the fun for a weekend of food starring, of course, the Stone Crab! Enjoy delicious seafood, live entertainment, arts and crafts vendors, discounted rentals at Pure Naples, and much more. It's also your chance to explore the shops, sites, and activities in and around the beautiful Naples waterfront area. Naples and its neighboring communities were all founded around the Waterfront in the 1880s – in fact “by water” was the only way to enter Naples until 1915. The party starts Friday at 5 p.m. with the traditional cracking of the first Stone Claw and continues throughout the weekend! Check out the website for the live entertainment schedule and more information.

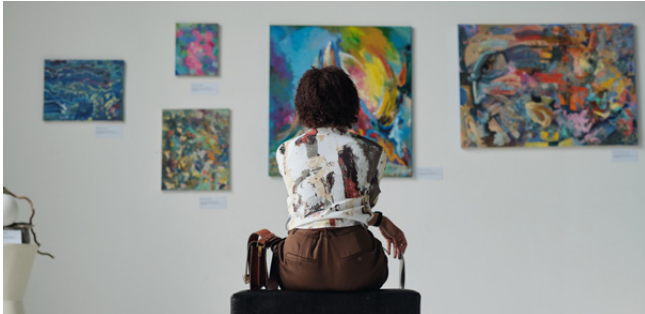


FLORIDA CONTEMPORARY EXHIBITION

October 19, 2024 to June 29, 2025

Artis-Naples at the Baker Museum | artisnaples.org

This annual exhibition presents a select group of notable visual artists practicing in Florida. Highlighting the diversity of artistic approaches to personal, local, and global themes, visitors can celebrate the state's vibrant art scene. The artists selected for the 12th edition of the exhibition are Amer Kobaslija, Jacksonville; Cynthia Mason, St. Petersburg; and Marielle Plaisir, Miami.



Giving Back

Highlighting the most recent charitable efforts in the community.

We know our Members are passionate about connecting with the local community through philanthropic opportunities and charitable giving. Below are a couple of ways you can give back right now!

SHARED LIBRARY

Esplanade by the Islands has added a new Shared Library to our community. It is located conveniently at the Bark Park. This shared library allows the exchange of books and pet gifts. Please be mindful of the content and condition of the materials exchanged.

TEDDY BEAR COLLECTION

Teddy Bear Day – Collection for Local Hospital

Monday, September 9 | 8 a.m. - 4 p.m. | Sales Gallery

A heartwarming initiative aimed to bring comfort and joy to patients both young and old. A small token of kindness that can make a significant difference in the lives of hospitalized children and adults.

SHARE YOUR EFFORTS

We would love to share the ways you are making our community a more positive place, as well as ways Members can get involved. Tell us about it so we may highlight your efforts in future publications. **If you would like to share any acts of kindness and philanthropy, big or small, please contact your Lifestyle team.**



Upcoming Events

All activities/events subject to change. For details and to register, visit esplanadebytheislandslifestyle.com/events.

RIBBON CUTTING CEREMONY

Thursday, September 12 | 10 a.m. - 12 p.m.
Resort Amenity Campus

Join us for the Member Opening and Ribbon Cutting Ceremony for the Resort Amenity Campus including the Bahama Bar, Spa/Wellness Building, Toasted Café and Resort Pool.

BOOZY BOCCE

Thursday, September 26 | 6 - 8 p.m.
Bocce Courts

Combining the joy of a classic outdoor game with the pleasure of social drinking for a unique and enjoyable experience for all.

UNWIND WITH PINOT & PLAY-DOH

Monday, September 16 | 2 - 4 p.m.
The Wellness Center Movement Studio

In celebration of National Play-Doh Day, join us for playful fun and socialize with other Members as you unwind from your day. Express your emotions and find moments of calm through creative play. Play-Doh, pinot, and refreshments will be provided!

PUPS AND PUMPKINS DOG WALK

Thursday, October 3 | 7:30 - 8:30 a.m.
Meet at the Resort Amenity Campus

Celebrate the fall season with your furry friends at our Pups and Pumpkin Dog Walk! This event combines the joy of walking with your dog, viewing the fall community Member's decorations and love for all things pumpkin.



MARDI GRAS SIGNATURE EVENT & GRAND OPENING

Saturday, October 5 | 5 - 9 p.m.
Resort Amenity Campus

We are thrilled to announce the grand opening of our Resort Amenity Campus. This exciting event will feature the unveiling of our new Spa/Wellness Building and Resort Pool, along with a spectacular Mardi Gras Signature Event. Experience an electrifying celebration filled with vibrant colors as we introduce these fantastic new amenities, with lively music and the infectious spirit of Mardi Gras!

GLOBAL HANDWASHING DAY

Tuesday, October 15 | 8 a.m. - 12p.m.
Spa Wellness Concierge Desk

October 15 is Global Handwashing Day, a global advocacy day dedicated to increasing awareness and understanding about the importance of handwashing with soap as an effective and affordable way to prevent diseases and save lives. Stop by the Concierge Wellness desk for your complimentary gift.

JACK O' LANTERN JUBILEE

Thursday, October 24 | 6 - 8 p.m.
Wellness Lanai

Join us for a festive and fun Pumpkin Decorating Event, perfect for celebrating the season with creativity and community spirit. This event is designed for all ages and skill levels, offering a variety of decorating activities to make your pumpkin unique. Don't miss out on this delightful event!

Upcoming Events

All activities/events subject to change. For details and to register, visit esplanadebytheislandslifestyle.com/events.

HOWL-O-WEEN PET COSTUME PARTY

Friday, October 25 | 4 - 5 p.m.

Bark Park

Celebrate Halloween with your furry friends at our Pet Howl-O-Ween Party! This spooktacular event is designed for pets and their owners to enjoy in the festive fun and participate in the costume party for fun prizes. Don't miss out on this paw-some event!

SPOOKTACULAR HALLOWEEN BIKE RIDE

Thursday, October 31 | 7 - 8:30 a.m.

Meet at the Resort Amenity Campus

Get into your costume and join us for a bewitching early morning 10-mile bike ride through the community. Unwind with your neighbors after the ride with a delicious complimentary boo-berry and boonana protein smoothie from the Toasted Café. (Costume is optional) Please bring a water bottle. Bicycle helmets are recommended.

MONSTERS AND MARGARITAS

Thursday, October 31 | 6 - 9 p.m.

Bahama Bar

Get ready for a spooky and spirited evening at our Monsters and Margaritas event! This Halloween-themed monster party will combine the thrill of the season with delicious drinks and fun activities. Don't miss out on this monster-mash of an evening.



CHILDREN'S BOO-BASH HALLOWEEN PARTY

Saturday, October 26 | 10 a.m. - 12 p.m.

Wellness Lanai

Get ready for a spooktacular fun-filled event designed to be safe, exciting, and full of Halloween magic, perfect for kids of all ages. The event will feature a costume contest, craft station, games and activities, trick or treating, and photo booth. Boo-licious snacks, a witch's brew fruit punch and make your own Sunday station is included. This is the perfect way to celebrate the spooky season in a safe, fun and festive environment. With a wide range of activities and entertainment, it promises to be a magical day for all the little ghosts, goblins, and princesses. Don't miss out on this hauntingly good time!

Monthly Member Meetings



NEIGHBORHOOD NEWS

Tuesdays, September 10 & October 8
9 - 10 a.m. | Sales Gallery

Join your HOA management team for the most current updates about the common areas and your community.



COFFEE & CONVERSATION

Tuesdays, September 10 & October 8
9 - 10 a.m. | Sales Gallery

Join us for some coffee and conversation, as we discuss the latest and greatest Lifestyle news in a relaxed and social atmosphere.



ESPLANADE 101

Tue, September 24 & Thu, October 24
9 - 10 a.m. | Sales Gallery

Join us for new homeowner orientation with the Lifestyle Manager and CAM as we introduce you to everything Esplanade.

Interest Groups & Social Clubs

Doing more of what makes us happy is called the key to life by many. Share your passion and take the first step by creating a club or group today! Contact your Lifestyle team for details!

Current Groups & Clubs

FISHING CLUB

Wednesdays, September 4 & October 2 | 7 - 11:30 a.m.

Dalis Fishing

Every month there will be a new fishing excursion for club Members. Please reach out to David Amadori for more information at davidamadori@aol.com. To reserve your spot for the July excursion, visit the Lifestyle website calendar for details.



KAYAKING CLUB

Wednesdays, September 18 & October 16 | 9:30 - 11:30 a.m.

Isles of Capri Paddlecraft Park

Our Kayaking Club will be exploring new locations monthly. David Amadori will be the direct contact for coordinating amongst Club Members. Please reach out to him at davidamadori@aol.com for more details.

MEN'S CIGAR CLUB

Tuesday, September 24 | 6 - 8 p.m.

Vintino Cigars | 4424 Tamiami Trail East, Naples

Join your fellow neighbors for an evening of relaxation and conversation. Feel free to bring drinks and food. Cigars are available for purchase. Please contact David Amadori for collaborating on details at davidamadori@aol.com. This will be a reoccurring event.

Spa Specials & Events

MASKS AND MIMOSAS: NO TRICKS, JUST TREATS, ALL OCTOBER LONG

Celebrate Halloween with a twist! Indulge in our rejuvenating custom facial, specifically formulated to give your skin a burst of hydration. After your service, enjoy a mimosa, champagne or sparkling water as our special treat! All Members who experience our custom facial in October will also be gifted a complimentary take-home mask from Patchology – Skincare Masks That Inspire Self-Care. After your treatment, sip and shop our collection of spa products in our boutique, and as an additional treat, enjoy 20% off all retail products!

LET'S SPARTY: SIP, SPA & CELEBRATE

Monday, September 30 | 6 - 8 p.m.

Resort Amenity Center Spa and Salon

Let's Sparty! Join us as we "cheers" to the fall season! Begin the evening with our famous fall inspired Apple Cider "Spartini," crafted exclusively by our own Bahama Bar, while experiencing express spa treatments from our treatment menu. As always, find surprises like complimentary gifts and exclusive spa treatment offerings for Members who attend the event, such as 20% off your next spa

treatment, complimentary enhancements, and \$25 off your retail purchase of \$100 or more! All Members who attend our Sparty will be entered into our raffle for a complimentary 3-month membership for unlimited Group Fitness Classes or 100 minutes of spa treatment and spa robe if you're already a Fitness Member. Additional treatments will be offered for \$10 each.

ONSPOT MOBILE DERMATOLOGY CLINIC

Wednesday, October 23 | 7:30 a.m. - 3:30 p.m.

Sports Courts Parking Lot

This full-service dermatology practice makes it convenient to get the dermatology care you need by coming directly to YOU! Whether you need a skin exam, skin tag removal, treatment of eczema, or Botox and filler, On Spot provides expert care and treatment in a clean, safe, and comfortable environment offering a complete range of general, cosmetic, and surgical dermatology procedures. OnSpot accepts most major insurances (excluding Florida Blue) and Medicare. Self-pay is \$150. To schedule an appointment, visit onspotdermatology.com/esplanadebytheislands or call 941-444-0011. Walk-ins welcome based on availability. For more information, contact the Spa & Wellness Manager at Christina.Theosevis@TeamEsplanade.com.

Court Sports

SOFT SERVES & ICE CREAM PICKLEBALL SOCIAL

Friday, September 6 | 5 - 7 p.m.

Sports Courts

Join us for a fun and casual event that combines the perfect blend of sport (Pickleball) with leisure, the enjoyment of soft serve ice cream offering a unique way to stay active and socialize.

RACKETS, SMASHES & SMOOTHIES

Saturday, September 28 | 7:30 - 9:30 a.m.

Sports Courts

Join us for an exhilarating day of tennis and delicious smoothies! Whether you're a seasoned player or a beginner, this event promises a blend of fun, fitness, and refreshing treats.

PICKLED PINK PICKLEBALL TOURNAMENT

Saturday, October 19 | 8 a.m. - 12 p.m.

Sports Courts

Check out the flyer for this event on page 5! Dress in your best pink Pickleball attire and help us raise money for this important cause

PUMPKIN PICKLER PICKLEBALL SOCIAL

Monday, October 7 | 8 - 10 a.m.

Sports Courts

Join us for a "gourd-geous" day of fun and friendly competition at the Pumpkin Pickler Social! This festive Pickleball event is the perfect way to celebrate the fall season, meet new friends and enjoy some spirited games on the court. Enter our raffle to win exciting prizes, including Pickleball gear and seasonal goodies. Grab your paddles and join us for a screaming good time at the Pumpkin Pickler Social!

ROCKIN'-ROBIN/ROCKTOBER ROUND-ROBIN

Tuesday, October 29 | 6 - 8 p.m.

Sports Courts

Join us on the tennis courts for a rockin' good time for doubles and mixed doubles play. This will be a team event with Team Rockin' vs. Team Robin. Each team will be made up of an equal number of players. Players on each team will divide up and play doubles matches against players from the other team. All points will be added to the overall team score. Each player on the highest-scoring team wins a prize! *The pro will arrange matches and new balls will be provided.

Fitness Classes



AQUA FIT

Mondays & Wednesdays | 10:30 - 11:30 a.m.

Satellite Pool - Moving to Resort Amenity Pool September 12

This is a low impact high intensity water aerobics class where no swimming skills are needed. This class is designed to improve flexibility, range of motion, strength, muscle tone and cardiovascular endurance while using the resistance of the water to cushion the feet, knees and back. The exercises are performed in chest deep water using a pool noodle and a set of hand buoys. Registration minimum of 7 participants.

ZUMBA

Wednesdays & Fridays | 8 - 9 a.m.

Sales Gallery Lanai - Moving to Movement Studio at Resort Amenity Campus after September 12

A perfect combination of fun and fitness. This dynamic and exciting class keeps you moving with a variety of energetic music and Zumba-style dance for a total body workout. Complementary to closed Members until Resort Amenity Campus opens.

YOGA

Thursday, September 5 at 6 p.m. | Monday, October 28 at 5 p.m.

Sales Gallery Lanai - Moving to Movement Studio at Resort Amenity Campus after September 12

Yoga is an excellent form of holistic fitness aligning both the mind and body. In addition to learning and practicing poses to improve flexibility, mobility, and balance while building strength. Yoga also focuses on intentional breathing, mirror meditation, drawing the focus to the breath and clearing the mind of thoughts. All levels are welcome. Complimentary to closed Members until Resort Amenity Campus opens. Please bring your own personal yoga mat.

Feel Well & Living Well Events

POSE AND POUR YOGA

Thursday, September 5 | 6 - 7 p.m.
Sales Gallery Lanai

Join us for an evening of relaxation and connection at our "Pose and Pour" yoga class. Unwind with a rejuvenating yoga session followed by a variety of delicious wines and cheeses. Members are invited to bring their favorite bottle of wine to enjoy as we mingle and make new friends. Don't miss this perfect blend of physical and social wellness. Come for yoga, stay for the wine and leave with new friends and unforgettable memories.

LIVING WELL & LEARNING SERIES: DEMENTIA

Thursday, September 19 | 6 - 7 p.m.
Movement Studio

Join us for a guided discussion on Dementia 101 - understanding dementia, understanding what to expect as the disease progresses, how to have meaningful interactions with your loved one, how to still feel connected as your loved one slips away, and care options. Caregiving to a loved one with dementia is different than caregiving to a loved one with a broken hip and will recover in a few weeks. Safeguard yourself as the caregiver and safeguard your loved one by better understanding the disease and how to manage it. Discussion will be led by Annalee Kruger, Founder of Care Right, Inc.

NATIONAL WOMAN'S HEALTH & FITNESS DAY AND TRUNK SHOW

Wednesday, September 25 | 8 a.m. - 12 p.m.
Movement Studio

National Woman's Health and Fitness Day is celebrated every year in September. The day was established in 2002 to promote physical fitness and health awareness among women of all ages. Ladies, come join in the fun and celebrate your health and fitness with flare and fashion.

CHOCOLATE YOGA CLASS

Monday, October 28 | 5 - 6 p.m.
Movement Studio

Join us for a deliciously relaxing Chocolate Yoga Class in celebration of National Chocolate Day! During this session, we will combine the soothing practice of yoga with the rich, sensory experience of savoring chocolate. It's the perfect way to relax, unwind, and treat yourself! Whether you're a seasoned yogi or a beginner, this class is designed for all levels. All you need to bring is your yoga mat, a sense of adventure, and a love for chocolate. We look forward to your attendance!



LIVING WELL AND LEARNING SERIES: WOMEN'S FOCUS LECTURE

Wednesday, October 2 | 1 - 2 p.m.
Movement Studio

The lecture will include the hormone, bone, and metabolism connection as well as lifestyle recommendations for optimal well-being. It's NOT just due to age. Explore the often-overlooked aspects of women's health, gaining insights into the proactive measures you can adopt for longevity. Join us as we empower you with the knowledge and tools necessary to advocate for your health and implement preventative strategies. This session will be led by Julie Hill, RD, LDN, IFMCP, Owner of Integrated WellBeing.

LIVING WELL AND LEARNING SERIES: WORLD SPINE STRETCHING DAY

Wednesday, October 16 | 9 - 10 a.m.
Movement Studio

Keep your spine happy. Celebrate Global Spine Day and meet Dr. Shane Walker, owner of Thrive Chiropractic to learn about the important correlation between the human spine and overall health. Receive a complimentary Thermal Scan and discuss helpful tips towards maintaining a healthy back and spine. Thermal Scanning is the latest in advanced Chiropractic technology used to help evaluate issues with muscles, bones, and nerves. It works by checking for heat changes in the body without the use of radiation. Scans will be available on a first come first serve basis. Dr. Shane Walker has been in private practice since 2000 with an emphasis on family and pediatric care. He is also the host of *The Wellness Hour* radio show in its 15th year of broadcasting.

Cooking & Cocktail Series

WORLD OF LAMB

Wednesday, September 18 | 6 - 7:30 p.m. | Sales Gallery | \$25 Per Member

*Y*our National Manager of Food, Beverage & Culinary Experience, Patrick Scully, along with your local Lifestyle team invite you to join us for our next installment of the Cooking & Cocktail Series: The World of Lamb.

Discover the nuances of lamb – from the rich history to the diverse cuts – as we guide you through their culinary versatility. Learn about different types and master the techniques needed to enjoy them.

Sip and savor as you learn how to select the perfect wine and side dish that harmonizes flawlessly with your specific preparation of lamb. During this 1.5 hour demonstration, you will enjoy samples of the featured items and volunteers may be requested.

All attendees are encouraged to bring their own beverages to enjoy.



Culinary Events

NATIONAL APPLE DUMPLING DAY

Tuesday, September 17 | 12 - 4 p.m.

Bahama Bar

Honoring the sweet delight of autumn, stop in at the Bahama Bar for a fall pastry treat of apples and spices baked in a short crust.

WORLD VEGETARIAN DAY

Tuesday, October 1 | 11 a.m. - 1 p.m.

Toasted Café

The day brings global attention to health and environmental benefits of vegetarianism and focuses on the ethics of living a vegetarian lifestyle. Vegetarianism is a philosophy that has compassion and nonviolence at its heart. Stop by for a vegetarian treat!

NATIONAL CAKE DAY

Thursday, October 10 | 2 - 4 p.m.

Bahama Bar

Celebrate with a delightful cupcake decorating event! This fun-filled occasion is perfect for cake enthusiasts of all ages, offering a chance to showcase your creativity and enjoy delicious treats!

OCTOBERFEST PRETZEL DAY

Thursday, October 17 | 2 - 4 p.m.

Bahama Bar

We're excited to celebrate Bavarian Pretzel Day and we want you to be a part of the fun! Come join us for freshly baked Bavarian pretzels with a variety of delicious dips and toppings, this is fun activity for all ages! We can't wait to see you there for a pretzel-perfect day!

NATIONAL APPLE DAY

Monday, October 21 | 8 - 10 a.m.

Toasted Café

Enjoy a complimentary sample of our avocado green apple smoothie.

NATIONAL CHOCOLATE DAY

Monday, October 28 | 11 a.m. - 1 p.m.

Toasted Café

Indulge in the sweetest day of the year, National Chocolate Day! Stop by the Toasted Café for a homemade healthy dark chocolate bark treat. Don't miss out on this sweet treat!



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