

Jan/Feb 2026

ESPLANADE LIFESTYLE




ESPLANADE®
BY THE ISLANDS

ESPLANADE Contents



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On the Cover: Boat ride to Amalfi, Italy during Destinations trip. Photo by Kaitlyn Aldridge, Lifestyle Manager, Esplanade Lake Club.



Esplanade by the Islands

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Hours: Mon-Fri, 8 a.m. - 6 p.m.

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Letter From the Lifestyle Team

COLETTE MCBREEN
YOUR RESORT MANAGER



A Fresh Start, Welcoming a New Year!

As the calendar turns and we step into a brand-new year, there's an unmistakable sense of possibility in the air. A feeling that the months ahead hold new opportunities, renewed energy, and countless memories waiting to be made. At Esplanade by the Islands, this season brings with it a spirit of optimism that connects us all, whether you're returning from holiday travels or have enjoyed the winter months right here in your coastal home.

The new year invites us not only to reflect on how far we've come, but to look ahead with excitement. With new amenities on the horizon and the continued evolution of our vibrant Lifestyle program, there has never been a more inspiring time to be part of this community. From expanded wellness offerings and resort-style enhancements to engaging social events and enriching workshops, 2026 is shaping up to be a year filled with growth, joy, and meaningful connection.

What makes Esplanade by the Islands truly shine is the people who bring this community to life, our Members and our dedicated team members alike. Together, we

create the warm, welcoming environment that makes every day feel special. As we gear up for the coming months, we are excited to bring even more opportunities for everyone to gather, learn, celebrate, and simply enjoy the beauty of life in Southwest Florida.

As you review the upcoming activities and events on the interactive calendar, please remember to register for any you would like to attend. This helps tremendously in making sure all activities are executed flawlessly and all who sign up to attend are accommodated.

Whether you're setting new goals, exploring new passions, or simply embracing each day with gratitude, we hope the year ahead brings happiness to you and those you love. Wishing you a joyful, healthy, and bright start to the New Year. May 2026 be one of our best years yet at Esplanade by the Islands, where every moment is an opportunity to live an inspired life.

Colette

Genesis Urrutia

YOUR WELLNESS CONCIERGE

Genesis Urrutia is a high school senior who strives to make the most of every opportunity. She plans to attend college out of state to study business, driven by her interest in working with people, learning continuously, and shaping a meaningful career path. Proud of her Salvadoran heritage, Genesis finds that her culture keeps her grounded, encourages her strong work ethic, and reinforces the importance of family and community. This connection is a key reason she enjoys being involved and supporting others.

As a Wellness Concierge, she greets Members, assists with daily needs, and contributes to a welcoming environment. At school, she is actively involved in Student Government, National Honor Society, Debate, DECA, Model UN, Lely Leaders, and Naples Juniette. These organizations have helped her strengthen her leadership, communication, and organizational skills. Outside of work and school, Genesis enjoys reading, spending time at the beach, and being with



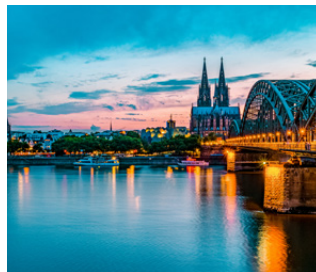
family and friends. She also dedicates time to volunteering through animal shelters and school events, as giving back remains an important part of her life. Overall, Genesis is someone who values involvement, connection, and personal growth. She is excited for the opportunities ahead and ready to embrace her next chapter.



DESTINATIONS
BY ESPLANADE

Will You Travel With Us This Year?!

New Esplanade Member Itineraries for 2026



Step into 2026 with unforgettable adventures curated just for Esplanade Members. This year's featured itineraries invite you to savor culture, connection, and discovery.

- » **Danube Delights** – June 2026 – 8 Days, 7 Nights - Uncover the Danube on a 7-night luxury river cruise visiting Germany, Austria, Slovakia, and Hungary.
- » **Jewels of the Rhine** – September 2026 - 8 Days, 7 Nights - Uncover the Rhine on a 7-night luxury river cruise visiting Germany, Austria, Slovakia, and Hungary.
- » **Best of Spain** – September 2026 - 9 Days, 8 Nights - Venture out on an 8-night land journey through Spain exploring Madrid, Seville, Granada, Valencia and much more.

Whether you're dreaming of culinary indulgence, riverside beauty, or historic wonders, Destinations by Esplanade offers experiences that feel like a gift to yourself. Reserve Your 2026 Adventure and visit DestinationsbyEsplanade.com using password **esplanade** to access your Member portal!

The Big Game

KICKOFF PARTY

Sunday, February 8

2 - 5 P.M. | WELLNESS CENTER VERANDA & POOL AREA

Let's pregame with yard games and a pool party (weather permitting) at the Wellness Center Veranda and Pool area. Enjoy an afternoon at the pool with your neighbors; yard games will be out for Members to enjoy. Stop by the Bahama Bar for a pregame beverage or Big Game meal!

Valentine's Day

DINNER

Saturday, February 14

5 - 8 P.M. | BAHAMA BAR

Celebrate love with an intimate Valentine's Dinner at the Bahama Bar. Enjoy a specially curated prix-fixe menu designed for the occasion, featuring delicious courses and island-inspired flavors in a romantic, waterfront setting. Whether you're celebrating with a partner or simply savoring a night out, this enchanting evening is the perfect way to toast to love, connection, and great food. Reservations are recommended as space is limited. More details will be published closer to the date of the event.

Recent Events

Pickled Pink

PICKLEBALL TOURNAMENT

Pickled Pink was truly an extraordinary event that showcased teamwork, passion, and heart in every detail. A special shoutout to Sheneka, who led the charge and inspired everyone to deliver an unforgettable experience. We raised \$8,900 in support of breast cancer, which will make a real difference right here in Collier County. Thank you to everyone that participated in this truly impactful event.



Cape Ann Designs

POP-UP SHOP

Members were able to explore Cape Ann's stunning collection of handcrafted pieces made from authentic sea glass found by the artist herself in the harbors of Gloucester, Massachusetts. We look forward to having this event again!



Gatsby

SIGNATURE EVENT

The Esplanade community stepped back into the roaring '20s for an unforgettable evening at our Gatsby Signature Event. From the moment guests arrived, the atmosphere was electric, filled with sparkling décor, jazz-inspired elegance, and the unmistakable glamour of the 1920s. Members dressed to impress, donning flapper dresses, feathers, pearls, fedoras, and sharp suits that perfectly captured the spirit of the era.





Exclusive Concierge Offerings

Part of the Esplanade Lifestyle is rolling out the red carpet and giving our Members VIP access to exclusive offers and services! We are excited to continue to build and foster these relationships with local organizations and businesses to offer special rates for our community. If you know of a business or organization that would like to partner with Esplanade, please contact your Lifestyle Manager.

Check out more details at esplanadebytheislandslifestyle.com/concierge.

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Upcoming Events

All activities/events are subject to change. For the most up-to-date event opportunities, event details and to register, visit esplanadebytheislandslifestyle.com/events.



2026 VISION BOARD WORKSHOP

Monday, January 5 | 3 - 5 p.m.

Resort Amenity Campus Veranda

Start the year with clarity, creativity, and inspiration! Join us for a relaxing and uplifting workshop where you'll craft a personalized board that reflects your goals, dreams, and intentions for 2026. We'll provide the supplies, you just bring your imagination and an open mind. The more supplies that inspire us the better, so feel free to bring any magazines, craft supplies, and stickers, to share with the group! This is a wonderful opportunity to get centered, connect with neighbors, and set a positive tone for the year ahead. Whether you're focusing on wellness, travel, personal growth, or simply inviting more joy into your life, this workshop will help you visualize it.

YAPPY HOUR

Tuesday, January 13 | 4 - 5 p.m.

Bark Park

Join us for a tail-wagging good time as we celebrate with our canine companions. Enjoy a laid-back atmosphere where dogs and their humans can socialize, mingle and make new friends. Bring along your favorite beverage and enjoy!

KARAOKE NIGHT

Thursday, January 29 | 5 - 8 p.m.

Bahama Bar

Get ready to take the stage! Join us at the Bahama Bar for a lively evening of music, laughs, and unforgettable performances. Whether you're a seasoned singer or simply here to cheer on friends and neighbors, it's the perfect way to unwind, connect, and enjoy a tropical-themed night under the lights. Grab a drink, pick your favorite song, and let the good vibes roll!

NEW MEMBER MINGLER

Mondays, January 26 & February 23 | 6 p.m.

Veranda at the Wellness Center

Join us for a fun and welcoming New Member Mingler, where new and longtime Members can connect, share, and make meaningful connections! Whether you're just getting started or have been with us for years, this is a great opportunity to meet friendly faces and feel at home. Bring along your favorite beverage and an appetizer to share. Come mingle, chat, and build our community together! We can't wait to see you there!

SWEETHEART CINEMA MOVIE NIGHT

Tuesday, February 17 | 6 p.m.

Veranda at the Wellness Center

Join us for sweetheart cinema a cozy Valentine-themed movie night featuring a feel-good film, popcorn, and sweet treats. Bring your favorite someone (or come solo!) and enjoy a charming evening under the big screen. Feel free to bring along your favorite beverage to enjoy; your Lifestyle team will provide sweet treats and popcorn.

PUPPY LOVE PUP CUPS

Monday, February 23 | 4 p.m.

Bark Park

Treat your furry friends to some puppy love with our very own Valentine's Pup Cups! Bring your pups to enjoy delicious, dog-friendly treats served in adorable Valentine's cups. Whether you're stopping by after a walk or just wanting to spoil your pup, this event is the perfect way to celebrate the season together. While supplies last, one pup cup per furry friend.



Upcoming Events

TRIVIA NIGHT

Thursday, February 26 | 6 - 8 p.m.
Bahama Bar

Put your knowledge to the test! Join us for an exciting evening of friendly competition, great laughs, and tropical flair at the Bahama Bar. Form a team or play solo as you take on a variety of questions—from pop culture to history and everything in between. Enjoy refreshing drinks, connect with neighbors, and see who will take home bragging rights as Trivia Champion!

GRAND OPENING OF THE VENUE

Happening First Quarter of the Year
More Information Coming Soon

Join us as we celebrate the grand opening of our newest amenity! Kick off the morning with a festive ribbon-cutting ceremony, light bites, and sparkling beverages as we unveil this beautiful new space designed for connection, community, and memorable moments. Raise a glass to 2026 and to the exciting opportunities The Venue will bring for our Members to gather, celebrate, and enjoy the best of Esplanade living. We can't wait to share this milestone with you!

Monthly Member Meetings



NEIGHBORHOOD NEWS

Fridays, January 2 & February 6
9 - 10 a.m. | Resort Amenity Campus

Join your HOA management team for the most current updates about the common areas and your community.



COFFEE & CONVERSATION

Fridays, January 2 & February 6
9 - 10 a.m. | Resort Amenity Campus

Join us for some coffee and conversation, as we discuss the latest and greatest Lifestyle news in a relaxed and social atmosphere.



ESPLANADE 101

Fridays, January 16 & February 20
9 - 10 a.m. | Wellness Center

Join us for new homeowner orientation with the Lifestyle Manager and CAM as we introduce you to everything Esplanade.

Culinary Events

NATIONAL CROISSANT DAY

Friday, January 30
Toasted Café

Indulge in a buttery, flaky morning at Toasted Café as we celebrate National Croissant Day! Members are invited to stop by for a delightful selection of freshly baked croissants—classic, chocolate-filled, almond, and a few creative chef-inspired specials made just for the occasion. Enjoy a warm cup of coffee, mingle with neighbors, and savor one of life's simple pleasures. Whether you're grabbing a quick bite or settling in for a cozy morning at the Café, this is the perfect way to start your Friday on a delicious note.

LIVE MUSIC

Select Nights
Bahama Bar

Settle into the tropical vibes at the Bahama Bar as we bring you live music all season long. Enjoy a rotating lineup of talented local musicians who will fill the evening air with everything from laid-back acoustic melodies to upbeat island favorites. Grab a drink, savor fresh bites, and unwind with friends and neighbors while taking in the perfect blend of music and paradise. Each performance promises a relaxed, memorable night under the palms. No two evenings are ever the same. Join us for the soundtrack of the season!

Specials at The Spa

RENEW YOUR COMPLEXION WITH A CUSTOM FACIAL AND PEEL

\$165 | 80 Minutes

Start your new year right with a classic deep cleansing facial, filled with anti-aging peptides, powerful antioxidants, stem cells, and botanicals that will nourish, hydrate, and refresh. This complex treatment is enhanced by the perfect blend of acids to exfoliate without harshness, irritation, or inflammation, improving the appearance of damaged skin. It is suitable for most skin types.

REVIVE & RENEW CUPPING

\$115 | 50 Minutes

Experience the perfect balance of healing and relaxation, combining traditional massage techniques with the therapeutic power of cupping. This treatment begins with a customized massage to release tension, followed by the application of specialized cups that create gentle suction, lifting the fascia and promoting circulation. It is ideal for relieving chronic muscle pain, reducing stress, and aiding detoxification. This holistic approach will leave you feeling refreshed, revitalized, and deeply restored.



Interest Groups & Social Clubs



Meet fellow Members with similar interests by creating or joining an Interest Group or Club! Any Member wishing to develop one should contact your Lifestyle team to receive information and an application. The Lifestyle team will then help to facilitate promotion of activities developed by the Members. Depending on the group size and activity, the Resort Amenity Campus may have a suitable space for your gatherings.

Current Groups & Clubs

FISHING CLUB
KAYAKING CLUB
GENTLEMEN'S CIGAR CLUB
BUTTERFLY GARDEN CLUB

Each of the above clubs has its own group chat where Members coordinate club outings. If you'd like to join a group chat for any of the clubs, visit the 'Lifestyle' tab on the Lifestyle website and click the link to connect with the club you're interested in. If you need assistance with this process, please reach out to the Resort Manager, Colette McBreen, at Colette.McBreen@TeamEsplanade.com



New Year, New You!

Jumpstart Your Wellness Journey in 2026

January is the perfect time to reset, refocus, and commit to a healthier, more energized version of yourself. Whether you're looking to get back into shape after the holidays or kick off a brand-new fitness routine, this month is all about fresh starts and building momentum for the year ahead. Here's how to get moving and stay motivated this season:

1. SET REALISTIC GOALS

Instead of aiming for perfection, focus on progress. Start small, add 10 minutes of movement to your day or try a new workout once a week. Small steps lead to lasting results.

2. CREATE A ROUTINE YOU ENJOY

Choose activities that excite you, whether it's dancing, strength training, or early morning walks. When fitness feels fun, it's easier to stay consistent.

3. WINTER WELLNESS INDOORS & OUT

Don't let cooler temps stop you. Layer up and enjoy brisk outdoor walks, or explore indoor options like yoga, swimming, or resistance

training to keep your body strong.

4. NOURISH YOUR BODY

Balance your workouts with proper nutrition. Incorporate lean proteins, hearty grains, and winter veggies like kale, carrots, and sweet potatoes to fuel your energy.

5. STAY HYDRATED & RESTED

Even in winter, hydration matters. Keep your water intake steady and aim for 7–8 hours of sleep each night to support recovery and overall well-being.

6. FIND ACCOUNTABILITY

Partner with a friend, join a group class, or track your progress with a fitness app. Having support keeps you encouraged and focused.

Consistency is key; research shows it takes about 21 days to form a habit. By the end of January, your new routine could already feel like second nature. Let's start 2026 strong, stay committed, and make this year your healthiest one yet!



Calling all Pickleball Competitors!

Interested in joining a pickleball team representing Esplanade by the Islands? Here is your chance to join the East Naples Inter-Club League. The league is entering its 11th year and is comprised of communities located in the East Naples area. The league's focus is to offer pickleball play that will be fun, competitive, and a social opportunity to meet "picklers" from other East Naples communities.

There are two divisions based on skill level:

- » Division One - 3.5 to 4.0 Player Ratings
- » Division Two - 3.3 to 3.49 Player Ratings

The league starts January 14 and ends March 18 for Division Two. Division One starts January 15 and ends March 19. We are looking for a minimum of 10 players per division. The matches will consist of one women's double, one men's double, and two mixed doubles games. If you are interested, please contact Courts Pro Ted Heiser at Ted.Heiser@TeamEsplanade.com.

IMPROVE YOUR TENNIS AND PICKLEBALL SKILLS WITH PERSONALIZED COACHING

Looking to improve your tennis or pickleball game? Maybe searching for keys to make that winning shot. Or maybe you're just beginning courts play and need to learn the basics. No matter the reason, booking a personal courts session with our pro is a great way to improve your game. Working with a courts pro like our very own Ted Heiser provides you with many benefits, including:

- » **Personalized Instruction** - Tailor lessons to your skill level, goals, and learning style.
- » **Immediate feedback** - Identification and correction of bad habits or technical flaws in real time.
- » **Advanced technique development** - Develop proper techniques in grips, footwork, swing mechanics, and shot selection.
- » **Lessons** - Lessons with Ted Heiser are \$80. (Lessons with independent professionals are around \$120.)

Help Backyard Wildlife



Winter is here and it's a perfect time to spend a Green Hour® helping backyard wildlife thrive throughout the season. Many of the beneficial insects, birds, and small animals in your backyard may find it harder to find shelter, water, and food in the coming months. You can help by simply placing a shallow dish of water in a sunny spot in your backyard. If you place a container on the ground, add a rock or two near the edge to help smaller creatures crawl out. Keep the containers clean and refill when low. Find more tips and activities from the National Wildlife Federation by scanning the QR code or visit thegreenhour.org/activity/help-backyard-wildlife.





Wellness Memberships

ANNUAL WELLNESS MEMBERSHIPS

***All Prices Listed Subject to Change**

Esplanade by the Islands provides you with unlimited access to a calendar of Fitness Classes including water, cardio, strength, and flexibility and wellness programming. The classes will be specifically designed by each instructor to fit the level of participants with progressions and/or modifications from the instructor. Our Group Exercise Instructors are dedicated fitness professionals committed to helping you achieve your New Year's health and wellness goals. Wellness programs will focus on specific topics, events, and activities to enhance your overall health and wellness.

- » Single Annual Wellness Membership: \$525 + sales tax
- » Family Annual Wellness Membership: \$865 + sales tax

Introducing Six-Month Wellness Membership

- » Six-Month Membership valid now through April 15
- » Single: \$345 per person + sales tax
- » Family: \$520 per household + sales tax

Other Options for Fitness Enthusiasts:

- » Twenty (20) Member Fitness Class Pass Sessions: \$240

- » Ten (10) Member Fitness Class Pass Sessions: \$120
- » Member Drop-in: \$15 | Registered Guest: \$20

Additional Programming Details

- » Fitness classes are for Members and registered guests only.
- » Group Fitness Classes and Memberships are non-transferable and non-refundable.
- » Family Memberships are defined as two (2) Head of Household Members and any children living in the home who are 16 years of age or older and under the age of 25.

For more information, please contact Sheneka Clark, Wellness & Sports Manager, or stop by the Wellness Center and speak with a Member of the Resort Lifestyle team for more details!

RESOLUTIONS HAVE SUCCESS WITH PERSONAL TRAINING

Add variety and intensity to the traditional fitness routine with a personal training session. Our Certified Personal Trainers will give custom-designed workouts, whether the goal is to slim down or tone up. Nutrition guidelines and meal planning are essential to overall health and are included in each training session.

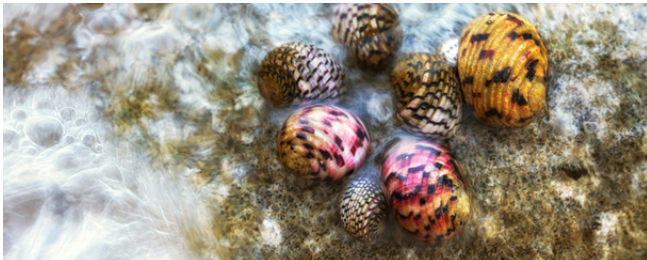
Around Town

MARCO ISLAND SHELL CLUB SEMINAR

Friday, January 16 | 3 - 4 p.m.

Marco Island Public Library | Free

This will be an informative presentation by Jose H. Leal, PhD, Science Director & Curator at the Bailey-Matthews National Shell Museum & Aquarium. The topic is "Southwest Florida Amazing Mollusks."



2026 MARCO ISLAND ARTS AND CRAFTS FESTIVAL

Thursday & Friday, February 5 & 6 | 10 a.m. - 4 p.m.

St. Mark's Episcopal Church | 1101 N. Collier Blvd, Marco Island

Enjoy a beautiful day in SW Florida. The craft festival will host a group of arts and crafts vendors selling a wide variety of wares. Food will be available for purchase. No cost entry.



MARCO ISLAND ART IN THE PARK

Saturday & Sunday, February 14 & 15 | 10 a.m. - 5 p.m.

Veteran's Community Park | 901 Park Avenue, Marco Island

Marco Island Art in the Park will host more than 60 talented artisans and fine crafters who will be displaying and selling their original works in various disciplines such as ceramics, accessories, clothing, digital art, drawing, fiber, jewelry, painting, photography, soap/bath-body products, sculpture, wood, metalwork, glass, graphic and printmaking, mixed media, and more. It will also feature a cash bar, food truck, food vendors and live entertainment.

Furry Friends

Have a Pet you Want to Feature?

Contact your Resort Manager to be featured in the next edition of the Lifestyle Magazine. Answer the below questions about your furry, feathery, or scaly friend and share a couple pictures.

1. Tell us about your pet's breed, age and birthday.
2. What are your pet's favorite pastimes?
3. What does your pet get reprimanded for the most?
4. What are your pet's best qualities and characteristics?
5. What is your pet's favorite treat?
6. Tell us about the time you welcomed your pet home.
7. Does your pet have siblings?
8. Is there anything else you would like to share about your family pet?

Don't have a furry family of your own, but know a community Member who does? Nominate them to be the next Featured Furry Friend. Contact the Member to suggest the feature or your Resort Manager to nominate anonymously.





Cozy Winter Spiced Apple Crisp

*P*atrick Scully, the Esplanade National Director of Food, Beverage & Culinary Experience is partnering with the Lifestyle team to bring you a delicious start to the new year. Our winter calendar is filled with opportunities to taste, learn, and explore. Stay tuned—warm, flavorful experiences are coming your way! In the mean time, try out this cozy dessert to comfort you up this winter season!

FILLING INGREDIENTS

- » 5 - 6 apples, peeled and sliced (Granny Smith or Honeycrisp work well)
- » 2 tablespoons lemon juice
- » 1 teaspoon ground cinnamon
- » ¼ teaspoon nutmeg
- » ¼ cup sugar
- » 1 tablespoon flour

CRUMBLE TOPPING INGREDIENTS

- » ¾ cup rolled oats
- » ½ cup flour
- » ½ cup brown sugar
- » ½ cup cold butter, cubed
- » ¼ tsp salt
- » Chopped pecans or walnuts (optional)

DIRECTIONS

1. Preheat oven to 350°F (175°C).
2. Lightly grease a 9x13 baking dish.
3. In a bowl, toss apple slices with lemon juice, cinnamon, nutmeg, sugar, and flour. Spread evenly in the baking dish.
4. Begin preparing the topping by combining oats, flour, brown sugar, and salt.
5. Cut in the cold butter using a fork or your fingers until the mixture becomes crumbly. Stir in nuts (if applicable).
6. Sprinkle the crumble topping evenly over the apples.
7. Bake for 40 - 45 minutes, or until the topping is golden and the apples are tender and bubbling around the edges.
8. Let cool slightly before serving.
9. Serving idea: Serve warm with a scoop of vanilla ice cream or a dollop of whipped cream for the perfect cozy winter dessert.



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